

Advice for **ONLINE** tinnitus treatment for clients

This type of tinnitus treatment is a new method of neuroplastic programming

Brief description:

In self-therapy, stimuli are set that increase the activity in the client's brain (auditory and visual centers, etc.).

By listening to certain frequencies an attempt is made to weaken the tinnitus frequencies (phantom sound) or to transform them into another area.

(For further description see www.klimtex.de)

Treatment type:

The treatment is carried out **ONLINE** in the form of an **ONLINE** meeting and in personal therapy. In a (free) telephone conversation, in writing or via social media, it is first clarified whether the technical, organizational and disease-related requirements for treatment are met.

Appropriate checklists are then sent to the client, which must be returned **BEFORE** the initial anamnesis.

After the return, a decision is made as to whether this type of treatment is suitable for the client and whether it can be carried out. Then the **ONLINE** treatment conversation / initial anamnesis takes place of approx. 45-60 min.

The possible causes, the course of the disease, previous therapies and the current condition are also discussed and the treatment method is explained and specified.

The treatment procedure ONLINE is also briefly explained here.

The treatment files are then programmed and generated in the background. In the following days, the client receives access to the cloud in order to download the treatment files.

The client should download the treatment files in a separate directory on his mobile phone, tablet or PC / laptop. After downloading the main file it can be heard in a so-called "dry run" first. This can also be done several times. The client should be able to independently carry out the 7 further daily treatment sequences. After the treatment sequence has been carried out, the ONLINE check or checklist of 15 minutes is made one week later to clarify how the course of treatment and the time afterwards went.

After a total of 7 sequences, the client can listen to the programmed relaxation file of 60 minutes each day for a period of 3 months (90 days) at fixed times, if possible before going to bed, but not as a "sleep aid".

After the 7 listening sequences, the main file should only be listened to after consultation. If necessary, the client can have further discussions in which the processes are discussed. These are then billed according to the effort.

Requirements:

Location: quiet, semi-dark place, without interference for about 2 hours.

Technical: mobile phone, tablet, PC / laptop, headphones (in ear, over ear)

Organizational: experience with VIDEO meeting, download, file installation on medium

Disease-related: tinnitus continuous tone on one or both sides

Duration of treatment: approx. 60 minutes in total.

Online:

independent: 7 * 45min main file + 7 * 60min

relaxation file afterwards: 60 minutes programmed relaxation file every day

Treatment

costs: 200 € + VAT = 238 € (including programming & GEMA fees) further calls if required (70 € per hour)

Events:

The date for the first anamnesis can be set flexibly. The appointments for the self-therapy are carried out without a therapist, the client fixes these for himself, preferably at the same time of day.